



## NBEA Concussion Policy for Sanctioned Competition

### Article A 101 Accidents & Return to Play – Chapter 1 Section A General Regulations of Equestrian Canada

1. This rule is applicable to all competitors (including foreign) at EC sanctioned events and applies to falls/accidents that occur at the event location.
2. Examination After a Fall: All competitors that have had a fall during training/warm up on the Competition site or in the Competition Arena/Field of Play must be assessed by qualified medical personnel onsite before they either take part in another test or competition. Competitors must not re-mount their horse until this assessment has been completed. The competitor is solely responsible for ensuring the onsite medical assessment takes place by the onsite qualified medical personnel.
3. In the event of a fall/accident where a concussion can be reasonably suspected, (not limited to a direct blow to the head or loss of consciousness), the competitor must receive medical clearance by qualified medical personnel onsite, through the EC Accident Injury Report Form before continuing. The competitor is solely responsible for ensuring the onsite medical assessment takes place by the onsite qualified medical personnel. If the competitor refuses to be evaluated, he/she is disqualified from the event.
4. If the qualified medical personnel suspect a concussion (regardless of symptoms displayed), or believe that the competitor may be at risk of concussion due to the nature of the fall or impact, the competitor is suspended from competition until medically released, as outlined in paragraph 6 below.

5. In the case of the preceding paragraphs, an EC Accident/Injury Report Form must be completed by either the attending Steward, Technical Delegate or the attending qualified medical personnel onsite and submitted to EC within 24 hours of the occurrence. It is the Steward's / Technical Delegate's responsibility to ensure forms are complete and submitted on time.

6. Any competitor suspended from competing further at the event on the basis of any of the preceding paragraphs will be placed on a medical suspension list, managed by EC, until medically released as in the process described in paragraph 7.

7. In the event a competitor is determined ineligible to compete per one of the above conditions, the competitor must submit the EC Return to Sport Form to EC, completed by a licensed physician/nurse practitioner. The EC Return to Sport Form will be processed by EC within two business days, at which point the competitor will be removed from the EC Medical Suspension list and may return to regular competition. If the competitor wishes to compete after being medically released by a physician but before the EC processing period of the form, the competitor must also submit a copy of the EC Return to Sport Form to the show secretary. In this case the competitor is competing at their own risk and may be pursuant to fines and penalties if the form is found to be incomplete in any way.

8. No competitor shall compete in an EC sanctioned event while on the EC Medical Suspension List. It is the responsibility of the competitor to refrain from competition and the competition organizer may refuse entry to anyone currently on the EC Medical Suspension List.

9. These rules also apply to EC sanctioned competitors competing in FEI and USEF competitions.